

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## Elizma Schoeman

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2019 #1

held at Cowhouse Market.

## **TIME** 01:45:53

**PACE** 07:03/km OVERALL 12 of 17

**GENDER** 3 of 6 40 - 49 1 of 2



Signature

03 March 2019, Sun

Date